

Happy New Year

Good Shooting for 2017

Winter Feature On Training Aids

Now is a good time to make use of training aids to develop and maintain good form plus strength and stamina. There is a good period of time before the end of the indoor season and start of the outdoor season with longer days. Time in which to work up your skills ready to be in good form for rest of the indoor and then the longer distances and outdoor shoots. There are a variety of exercisers available, designed to achieve different results.

A-Basic Exercisers to keep you in shape for Archery

B-Technical Exercisers for Developing Good Alignment

C-Advanced Exercisers for Good Alignment and Good Posture for the shot

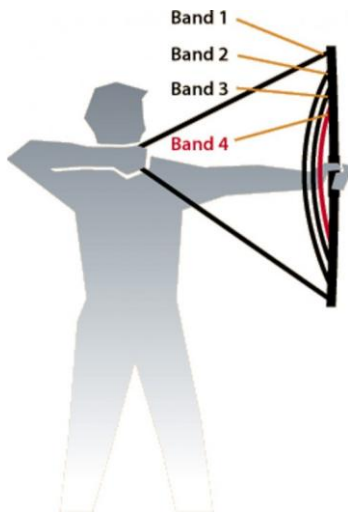
Type A -Basic Archery Exercisers



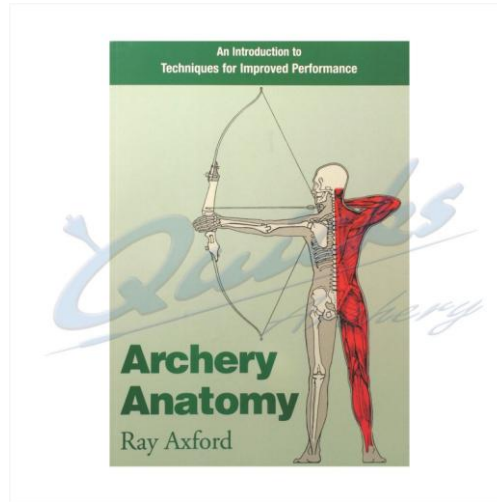
AA20 Korean Warm Up Bands £9.50
-with exercise examples



PA46 Quicks Stretch Bands £4.75
-physio Exercise Bands



BA95 Bow Trainer £35.75
-adjustable draw weight
-very popular

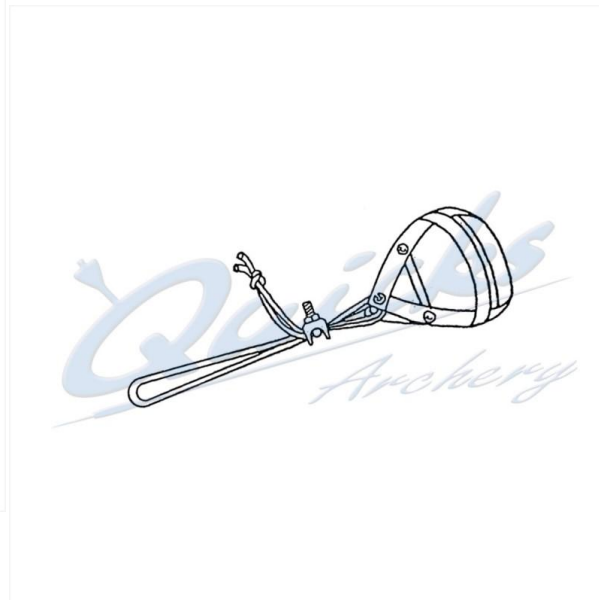


ZOA38 Archery Anatomy £12.99
-tells you why what matters

Type B -Technical Exercisers for Developing Good Alignment



QA47 DeeGee Training Aid £17.95
-leather elbow cup
-learn to align the draw



QA43 Rigid Formaster £44.95
- adjustable, with instructions.

Type C -Advanced Exercisers for Good Alignment and Good Posture for the shot



QA45 Formaster £75.00
-selection sizes & strengths
-instructions



WA40 Win & Win Powerbelt £35.50
-align & stabilise the shot



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Many 2017 **NEW ITEMS** - In Store

**PSE 2017 Bows, Easton 2017 Cases and Quivers,
Bowstands by Krossen, Samick Carbon Fit ILF Limbs £159.50**

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