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Stabilisers

What do they do



Photos [Dean Alberga](#)

Stabilisers add consistency to shooting.

The effect of adding stabiliser rods depends upon what you add to the bow.

When stabilisers were first added it was in the form of weights added to the handle of the bow. The inertia added to the consistency of the shot, and higher scores. Earl Hoyt was one of the first shooters to put the extra weight on short rods projecting forward. This caused the bow to want to go forward from the hand as you shot.

Adding a central long rod adds to the positive forward rotation as you shoot creating a very positive release, plus tends to keep the bow pointing in the direction of your aim. Adding a V-Bar and rear facing rods makes the balance in the hand of the bow neutral, neither rotating forward nor backwards, and adds great consistency to setting up your stance and making the shot. By adjusting the lengths of the rods and the amount of weight on the ends of the rods, the desired balance in the hand as you make the shot can be arrived at.

If the balance in the hand is completely neutral, then the bow can rotate either forward or back as you make the shot leading to inconsistency. Therefore a slight forward balance in the hand is desired, so that each shot the bow reacts the same with a slight forward rotation and a crisp positive feel.



-Well some people try to push the arrow into the middle after the shot



- even the best of us.



- Others like a very strong forward rotation
-with a top rod added



- looks a good shot !

Stabiliser Sets and Separates



- Matched Sets
- Entry Level
- to Advanced Set Up
- This set up on Recurve Bows mostly

- Longrod Separates & Weights
- Compound Bows mostly use a Longrod,
- some Compound add VBar & 1 x Side Rod



- Twin Separates & Weights

- V Bars Selection



- Quick Detach for Longrod



- V Bar Extenders
- *Tune the balance in hand*
- *Longer Extender more forward balance*



- Vibration Dampers
- For Rods & Integral Dampers



- Hunter Single Rods
- *Usually used in Field Archery*

Barebow Stabiliser Weights

Recently introduced to our stock line are these Barebow Weights, going back to the original idea first used for stabilisation. Keeping the weight close to the bow and adding mass weight to make shot to shot consistency better and also to help feel the set up of the shot with more weight in the hand.



- Barebow Weights
- for Barebow shooters
- Fits in Longrod Bushing



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